Basketball Cheerleading
2019 – 2020

Demerit List

Each cheerleader will begin the season with 100 points. A cheerleader will be removed from the squad if her point total falls below 60 points.

Ways to lose points will be the following:

 Practice:

 - 1 point for every minute late to practice

 - 5 points for no shoes

 - 5 points for wrong shirt

 - 5 points for wrong shorts

 - 5 points for each incidence of wearing jewelry

 - 1 point for every minute you leave practice early

 - 10 points for missing practice (unexcused)

 Game:

 - 2 points for every minute late to a game or other team event

 - 2 points for every minute late returning from half-time

 - 10 points for not wearing hair as instructed

- 10 points for not coming dressed and ready to go for the game (including hair) with an additional – 2 points for every minute it takes to you to get ready

 - 5 points for each incidence of wearing jewelry

 - 10 points for missing practice before a game (unexcused)

- 15 points for missing a game (unexcused) \*this value may change during
 playoffs\*

 - 5 points for wearing wrong color bloomers

 - 10 point for wearing wrong cheer shoes

 - 5 points for each incidence of redirection on the sidelines

 - 25 points for wearing wrong uniform

 General Behavior:

 - 20 points for email from teacher regarding improper behavior